# LAW SOCIETY PROFESSIONAL TRAINING

LAW SOCIETY OF IRELAND

Centre of Excellence for Professional Education and Lifelong Learning

## Can Psychological Safety Build High Impact Professionals?

**Date** 26 April 2023

**Time** 12.30pm to 1.30pm

Venue Online live webinar with live Q&A

Fee Complimentary

**CPD Hours** 1 Management and Professional Development Skills

(by eLearning)

Event Code 23019

Law Society Psychological Services in partnership with Law Society Professional Training invite you to a complementary online CPD training event. Gain 1 Management and Professional Development point over lunchtime by joining a panel of expert speakers as they consider whether high-impact professionals are built through psychological safety. This event marks Ibec's National Workplace Wellbeing Day and will address the current workplace wellbeing challenges facing legal professionals. Our speakers will discuss how psychologically safe work environments can support dignity at work, prevent burnout, build high-impact teams and foster positive work and client relationships. Delegates will also have an opportunity to hear about key personal and professional wellbeing supports available throughout each stage of the legal life cycle including; LegalMind and Trainee Counselling.

#### **Chair and Speakers**

Katie da Gama - Katie has over 20 years' experience as a legal professional (both Barrister and Solicitor) and, until May 2018, was the Managing Partner of the Dublin office of an international law firm. She is also a CEDR accredited mediator. Katie has now set up her own practice working as a Business & Executive Coach as well as a leadership development consultant. Katie's interest in wellbeing in the workplace (particularly amongst legal professionals) stems firstly from her personal experience of leading a team of 60 people and from working closely with executives who are choosing to prioritise the physical and mental health of themselves and their colleagues in order to stay ahead in their businesses.

**Keelin Deasy** - Keelin is a member of the Law Society Psychological Services team. She is an accredited mental health counsellor with experience working in community mental health, trauma centres, and family support organisations.

**Mary Duffy -** Mary is a Psychological Services Executive at the Law Society of Ireland through which she co-ordinates psychologically-informed supports to meet the evolving needs of members and trainees. She holds a Bachelor's degree in Applied Psychology and a Master's in Work and Organisational Psychology. Mary has experience in designing mental health trainings for organisations and third level institutes.

### **Eadine Hickey**

Eadine is a Harvard-trained leadership development professional and Executive Coach.

She is passionate about cultivating purposeful and impactful leadership and supporting the creation of work environments where people can thrive.

#### **IMPORTANT**

- Unless otherwise indicated our Zoom webinars and meetings are held live and are not recorded. If you miss the live webinar/meeting, you cannot play back the event. You also may not avail of your CPD hours for that event.
- Attendance at live, online webinars and meetings is tracked and logged for CPD compliance purposes. This information will be shared with the Law Society CPD Scheme at their request.
- For CPD 2023 information see <a href="https://www.lawsociety.ie/Solicitors/Practising/CPD-Scheme">https://www.lawsociety.ie/Solicitors/Practising/CPD-Scheme</a>
- For full programme details download the **Brochure**
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- If you have technical or other queries, contact a member of the team on: <a href="mailto:lspt@lawsociety.ie">lspt@lawsociety.ie</a>

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