



Executive Leadership Programme 2020

Dates:	7 February 2020 to 9 May 2020
Venue:	Waterford Castle, The Island Resort, Waterford
Fee:	€4,580
Discounted* Fee:	€3,900
CPD Hours:	Full General and Full Management & Professional Development Skills Requirement for 2020 (by Group Study)
Programme Code:	S2004

Interested in developing leadership skills and knowledge?

Want to influence change – and make an impact with your career?

Curious about what motivates you?

Want to know more about how you can lead in your field?

Professional services are changing – rapidly. The uncertainty of a post-Brexit market, coupled with a multi-generational workforce demand new ways of engaging with people and with business. While leadership can seem simple - bringing others along with us - in reality it is often challenging and stressful; and is always highly complex.

Our Programme is designed to tackle the intricacies of effective leadership. We equip participants to take control of their careers and exert leadership and influence in all kinds of professional settings. We have successfully trained lawyers from a range of sectors including (large, medium and small scale) private practice, corporate, in-house, local authority and other governmental bodies. Our Programme attracts professionals from other sectors too - adding to the range of perspectives and expertise within the group.

PROGRAMME CONTENT

Module 1: Leadership in Perspective; Setting the context

Friday 7 February 2020 (9.30am-5.00pm)
Led by Antoinette Moriarty & Katie da Gama

Module 2: Leading Self: Uncovering your leadership style

Friday 13 March 2020 (9.30am-5.00pm) & Saturday 14 March 2020 (9.30am-5.00pm)
Led by Antoinette Moriarty & Philip Matthews

Module 3: Leading People; Leading people for success

Friday 3 April 2020 (9.30am-5.00pm) & Saturday 4 April 2020 (9.30am-5.00pm)
Led by Colette Cahalane & Claire Vallely

Module 4: Leading Business/Practice; Making your Leadership real

Friday 8 May 2020 (9.30am-5.00pm) & Saturday 9 May 2020 (9.30am-5.00pm)
Led by Katie da Gama and John Lennon

PROGRAMME DIRECTOR

Antoinette Moriarty's broad experience, in a range of professional sectors, has given her a unique expertise in developing leadership capacity in professionals. Her training as a psychotherapist adds depth to the work she does and she particularly enjoys generating curiosity about less conscious aspects of personal and professional life. Antoinette's overall goal with this Programme is to empower participants to create careers that are impactful, engaging, challenging and life enhancing.

PROGRAMME TEAM

We partner with leading dynamic consultancies from the worlds of business, psychology, organisational development and executive coaching. Our facilitators are passionate about leadership and bring a wealth of leadership development, as well as national and international experience to the Programme.

WHY DO THIS PROGRAMME?

Investing in leadership training is a highly effective way of preparing yourself - and your area of practice or business - to go beyond survival and begin to thrive.

This 4 month programme will focus on your unique leadership potential. We enable you to develop your personal leadership style; provide you with 360 degree feedback from carefully selected colleagues; and support you to implement your new skills within your area of practice/business.

INDIVIDUAL EXECUTIVE COACHING

A unique feature of this programme is the inclusion of 4.5 hours of personalised Executive Coaching, allowing participants to confidentially and safely deepen their self-awareness as well as their understanding of others.

ON-LINE RESOURCES & ON-LINE COMMUNITY OF LEADERSHIP

Each module is supplemented with excellent on-line materials, useful resources and activities, enabling participants to actively embed leadership skills and knowledge throughout the Programme.

PROGRAMME TEAM



Antoinette Moriarty

Antoinette has over 20 years' experience designing and leading professional and executive development for lawyers and other leaders. Trained as a psychotherapist in Dublin and at Metanoia Institute, London, Antoinette is particularly interested in exploring the inter-play between our professional roles and our personal identity. In addition to her private Psychotherapy and Executive Coaching practice (www.professionaltherapy.ie), Antoinette leads the Law School Psychological Services and designs the psychological elements of solicitors' training.



Phillip Matthews

Phillip combines over 30 years' leadership experience to Board and CEO level with his leadership associate faculty work. He works in a challenging and supportive way to help clients become aware of their need for development and change, and enables them to achieve that change. Phillip is a former Ireland rugby captain whose qualifications include BSc and PhD Zoology as well as Smurfit Business School, UCD Diplomas in Executive Coaching and Advanced Executive Coaching. Phillip is also a Certified Team Coach (TCI International).



Colette Cahalane

Colette is a key member of the SEVEN team involved in the design and delivery of bespoke assessment and development programmes for clients. Colette is an accredited Senior Practitioner Executive Coach with the European Mentoring & Coaching Council (EMCC). Colette works as a coach tutor in Smurfit School of Business and delivers team and individual coaching on the Trinity College Dublin MBA programme. Her approach is built on over 15 years' experience coupled with psychological research. She is also qualified in the use of a range of psychometric and personality assessment instruments. Colette is known for designing and delivering programmes that focus on Leadership Development and transformational change.



Claire Vallely

Claire is a Chartered Occupational Psychologist with the Psychological Society of Ireland (PSI) and a key member of the SEVEN team. She is also a qualified executive coach and is currently studying the advanced Diploma in Executive coaching in Smurfit UCD. She is certified in the use of a range of psychometric and personality assessment instruments. Prior to joining SEVEN Claire worked in a variety of roles in large multinational's and the educational sector in the areas of employee engagement and Leadership development for individuals, teams and organisations.



Katie da Gama

Katie has over 20 years' experience as a legal professional (both Barrister and Solicitor) and, until 2018, was the Managing Partner of the Dublin office of an international law firm. She is a CEDR accredited mediator and is currently working towards a Professional Diploma in Business and Executive Coaching. Katie's interest in the design and delivery of leadership programmes stems from her experience of co-facilitating such programmes in conjunction with University of Cambridge.



John Lennon

As a former Chairman and Managing Director in the SME sector, John brings a wealth of experience at strategic and operational level to the programme. He understands the challenges facing those leading in the current commercial environment. His background spans the private and public sector as an Executive Director, Consultant and Coach. John brings pragmatism and warmth to any group he works with. He has a BBS from University of Limerick and an MSc in Business and Executive Coaching from the Michael Smurfit Graduate School of Business.

*Applicable to Law Society Finuas Skillnet members

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